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The adenoid as a key factor in upper airway infections.

[van Cauwenberge PB](#), [Bellussi L](#), [Maw AR](#), [Paradise JL](#), [Solow B](#).

Department of Otorhinolaryngology, University Hospital, Ghent, Belgium.

The adenoids (and the nasopharynx) play a key role in the normal functioning and in various pathologies of the upper respiratory tract. In this paper the role of adenoidal pathology and the beneficial effect of adenoidectomy in some upper respiratory tract and facial anomalies and diseases are discussed; otitis media with effusion, recurrent acute otitis media, sinusitis, snoring and sleep apnea and abnormal patterns in the midface growth and development.

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